**Disaster Planning and Preparation for People with Spinal Cord Injuries**

_rowland, J.L., White, G.W., Suchowierska, M., Fox, M., Lim, J., Rooney, C._

*University of Kansas*

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**Challenges ahead**

Disability preparation for identifying move disabilities, challenges with regard to accessibility and mobility, and preparing for the disaster are widespread. The following points discuss key areas.

1. **Disaster planning and emergency response systems:**
   - Physical mobility
   - Equipment
   - Evacuation
   - First aid
   - Information and communication

2. **Community-level preparedness for survival**
   - The research, the principal challenges, the research and practice implications, and the role of agencies and stakeholders in disaster preparedness and response are discussed.

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**Self-assessment questions**

1. **Physical mobility**
   - Can you move easily in a wheelchair or on crutches?
   - Have you received training in what actions you can take to prevent injuries and reduce the risk of injury?

2. **Equipment**
   - Are there any systems, devices, or procedures that can prevent or reduce the risk of injury?
   - Do you know where all available rescue areas are located?
   - Do you know where all evacuation chairs are stored?
   - Do you know if your site has “evacuation elevators” and what to do if they are not operational?

3. **Evacuation**
   - Are there any systems, devices, or procedures that can prevent or reduce the risk of injury?
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**Evacuation tips**

1. **Do you know if your site has “evacuation elevators” and what to do if they are not operational?**
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**Products on the market that may be helpful for preparing for an emergency**

- **Evacu-Trac CD7**
- **LifeSlider, Inc.**
- **Compu-Sled**
- **Disaster Ready Development**
- **Evacuation Guide**

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**Sidebar: Disaster Planning and Preparation for People with Spinal Cord Injuries**

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